Fitness-room use

2026-04-09 · S-FORME

The fitness room is shared; everyone helps keep it pleasant.

The principle

The fitness room is shared; everyone helps keep it pleasant.

Practical guidance

Return weights, wipe equipment and report faults. Equipment marked out of service must not be used. Equipment is not an exercise programme.

Planning a change

For an exterior change, gather the description, sketch, materials and schedule before requesting review. Wait for a written response before starting work.

Edition and follow-up

2026 edition. Check the update date and gather supporting information before raising a project.

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